

Turkey yoga!



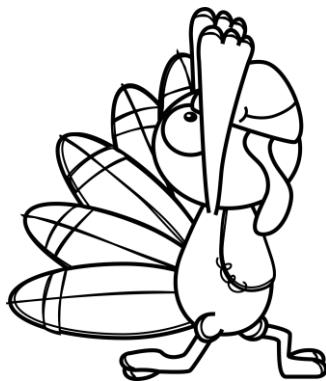
INSTRUCTIONS

Have fun with your kids while practicing stretches!

This is a great way to teach a calming strategy, deep breathing, describing, and even articulation!

Some ideas of how you can use the cards:

1. Take turns describing how to make a certain pose.
2. Hold a pose and say, "Gobble, gobble, gobble!" (or any other phrase needed to target speech goals) before moving onto the next one.
3. Following the activity, have the child sequence the cards that they completed.

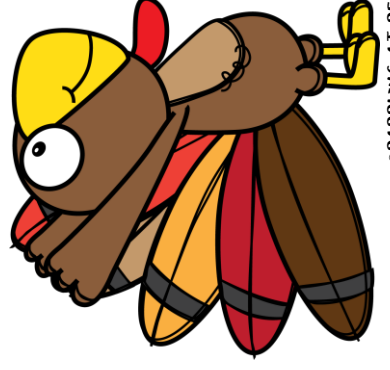




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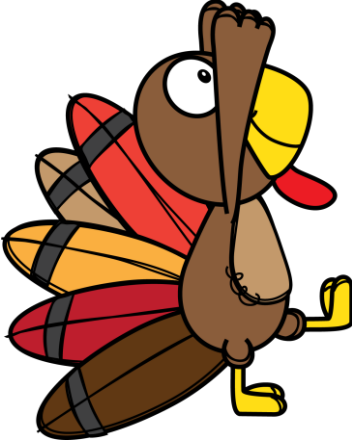
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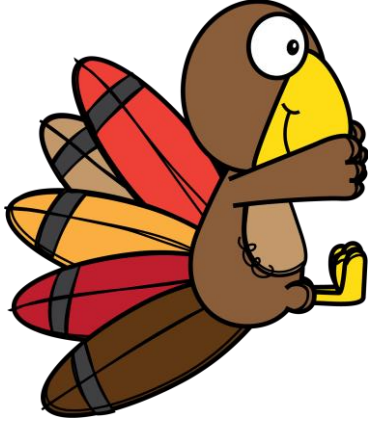
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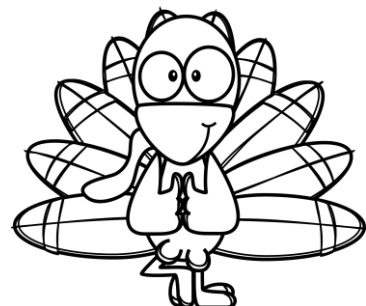
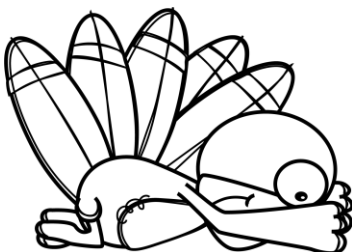
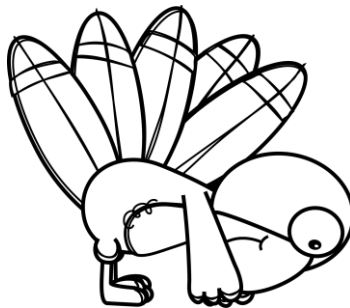
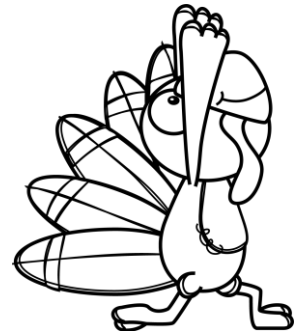
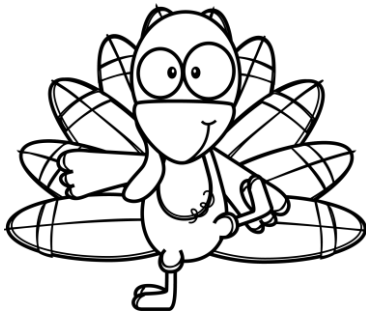
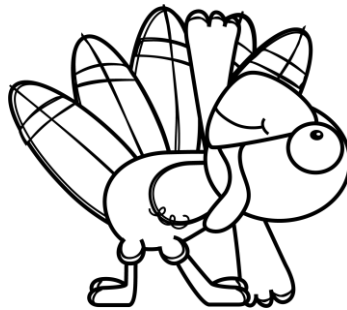
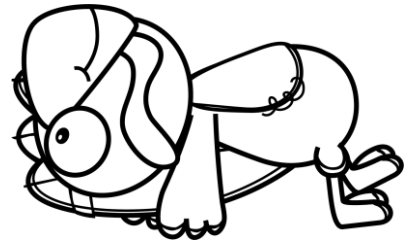
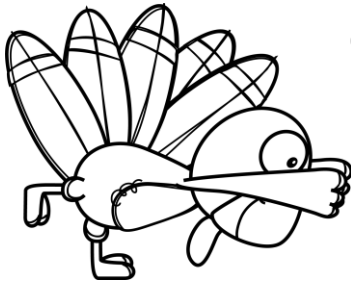
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TURKEY YOGA POSES I'VE DONE

(COLOR THEM ONCE COMPLETED)





THANK YOU FOR YOUR PURCHASE!

Thank you for choosing this item to use in your practice. I sincerely hope that you enjoy it!

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